

Trauma Recovery

INTUITIVELY INFORMED
TREATMENT

Presented By:

Bette J. Freedson, MSW, LICSW, LCSW, CGP

Using didactics and fascinating case examples and creative exercises, we will examine the four major aspects of the CORE (Connect, Orient, Resource, Establish) approach that creates therapeutic attunement, brings dissociated ego strengths into awareness, and empowers the endurance of transformative and adaptive reference experiences.

At the end of this presentation participants will be able to:

1. Describe one feature of the CORE Model.
2. Name one corrective aspect of an intuitive approach relative to the treatment of trauma.
3. Given a hypothetical client, identify a metaphor that might be used to shift a perspective or reframe the meaning of the experience.

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Bette Freedson is a clinical social worker, author, and speaker. A frequent presenter at conferences for NASW and The Milton Erickson Foundation, Bette is also a contributing author for ERICKSONIAN THERAPY NOW: The Master Class with Jeffrey K. Zeig, PhD. Professionally trained in hypnosis, Bette incorporates Ericksonian hypnosis along with the wisdom of intuition into her clinical social work practice in Southern Maine.

